

# PERFECT PRESS SEABUCKTHORN OIL

## OWNER'S HANDBOOK

How to use — **and benefit from** —  
your Perfect Press Seabuckthorn Oil.

ACTIVATION



# INTRODUCTION

**First things first**, let's start with a thank you for purchasing your own bottle of Perfect Press Seabuckthorn Oil and for joining us on our journey toward helping millions heal.

With this one simple purchase, you will unlock an ancient secret that will take you down the path to better health and an improved quality of life.

By adding seabuckthorn oil to your daily routine, you'll soon start to notice smoother skin, and maybe even weight loss. Your doctor may also detect an improvement in your heart health at your next check-up.

**In this handbook, you'll discover...**

- **general use instructions**
- **seabuckthorn oil skin benefits**
- **5 benefits of seabuckthorn oil**
- **answers to frequently asked questions**
- **success stories, shared by customers like you, excited about leading healthier lives with seabuckthorn oil**





# GENERAL USE

**Everyone is different and that means that your nutritional needs will never be exactly the same as someone else's.** Genetics, body chemistry and lifestyle, as well as other factors all affect what your body needs day to day. Since everyone's needs are different, the amount of seabuckthorn oil that you decide to take is ultimately up to you.

**We recommend:** take 18 drops per day.

Since our suggested serving is weight-based, the length of time that your bottle will last can vary. On average, though, our standard 15 ml bottle lasts about a month.

**Following our recommendation will give most bodies the nutrients they need and will provide you with the health benefits that seabuckthorn has to offer.**

This oil has a tart, fruity taste, and can be taken orally, or applied directly to your skin for amazing benefits. Modern research shows that it is a wonderful moisturizer and a powerful skin supporter. It's been used for thousands of years for a wide range of health remedies and is recommended in ancient texts like Traditional Chinese Medicine.

It's important to remember that in order to get the full range of benefits, you should use this oil daily.

Over the next few pages, you'll not only discover the best ways to use seabuckthorn oil, but you'll also learn about all the unique and incredible things seabuckthorn oil can do for your body.



# SEABUCKTHORN OIL SKIN BENEFITS

## Seabuckthorn Activates Your Skin

Studies show that Seabuckthorn extracts can mobilize specific cells that are involved in your skin's regenerative and reparative functions. Therefore the oil may support your skin as you recover from minor scrapes, burns, cracking and more. It's an excellent oil for preventive health, regenerative health and postponing the aging process. You won't find anything better.

## Seabuckthorn Oil Protects Your Skin

This oil contains a high concentration of rare nutrients that nourish & protect the skin. It contains many fatty acids like omega 7s, palmitic acid, oleic acid, linolenic acid, as well as antioxidants like Vitamin E, carotenoids and lycopene that all help your skin cells deal with free radical damage and maintain normal function.

## Seabuckthorn Oil Hydrates Your Skin

This oil is a hydrating substance for your skin (and happens to be one of the healthiest superfoods you can eat in the entire world). Studies show that it has moisturizing functions that can discourage dry skin. Rub a small amount on your hands and face if you need this kind of support. It's a great oil that has been used on people's skin for many centuries.



# 5 BENEFITS OF SEABUCKTHORN OIL

Seabuckthorn oil is packed with a variety of nutritional compounds and there are a number of benefits that can come from taking and using seabuckthorn oil in your daily routine. **Here are our top five to get you started:**

- **great for helping your skin repair and recover**
- **benefits your heart health**
- **strengthens and supports your immune system**
- **nourishes your liver**
- **supports healthy digestion**

When you take seabuckthorn oil daily, you'll discover even more benefits and improvements over time, both inside and out.

# FREQUENTLY ASKED QUESTIONS

## **How do I use Seabuckthorn Oil?**

Depending on the results you're looking for, there are a few ways to use Perfect Press Seabuckthorn Oil:

- #1. Rub it on dry areas of your skin
- #2. Use it topically to help sunburns and minor scrapes heal
- #3. Blend it into a smoothie
- #4. Apply to your roots before showering
- #5. Place a few drops under your tongue and swallow

The oil has a whole range of benefits. Rubbing the oil on your skin or into your hair has a moisturizing and nourishing effect and drinking this oil has many positive internal benefits too. It's up to you!

## **How is Perfect Press Seabuckthorn Oil Made?**

Perfect Press Seabuckthorn Oil is made in a GMP certified facility from nothing but 100% pure, raw, non-GMO, organic Seabuckthorn seeds. The oil is pressed and bottled fresh in Canada using a unique, German engineered pressing technology. Absolutely no heat is used to extract the seed oil and therefore no nutritional value is lost.

This process is very expensive and it's why our product is not only good, it's the best in the industry. By choosing this oil, you can feel confident that you're getting the most nutritious seabuckthorn oil available in the world.

## **What if I don't like this product?**

While most people LOVE our oils, if for any reason, you do not enjoy the product or do not experience the results you are looking for within the first 60 days, you are COMPLETELY covered under our 60-Day Money-Back Guarantee. Just call or email our friendly customer service team.

# SEABUCKTHORN OIL SUCCESS STORIES

## **Mary M. has noticed skin improvements after taking seabuckthorn oil...**

*"I've added this to my smoothie each morning now for about 4 months. I think it is a quality oil that has quality skin benefits. I see subtle changes. With older skin, it's probably not going to be an overnight fix but more of a maintain the skin optimally. You can tell by the color and consistency it is a quality oil and there's no rancid smell or other smells that sometimes you can notice. Activation Products so far have been a very good group of oils."*

## **Evelyne L. get rid of the pain when using seabuckthorn oil...**

*"I've been enjoying the sea buckthorn oil on my skin, although it is a bit thick on the skin compared with the amaranth oil. I prefer applying it to thicker skin areas than the face such as the neck and hands. The amazing thing I discovered about the oil is that it gets rid of pain immediately. It's similar to very high potency CBD oil that way and possibly stronger. I put some on my hand which has a painful ganglion cyst on it and the hand felt normal almost immediately! I gave some to a friend who has a slight sprain in the knee area and her pain disappeared after applying it on the area ! I highly recommend this oil! If it's too dense on your face, mix it with rosehip seed oil."*

## **Candance S. had smoother legs after using seabuckthorn on a regular basis...**

*"I'm soon turning 65 and I've noticed over the past year my skin was getting progressively dryer. My legs were the worst! My daughter even asked me one day 'Mom why are your legs so flaky?!' They were very flaky and dry despite trying lots of different healthy lotions and body washes. I knew down deep that my skin issue needed to be addressed from the inside, and not just by products I applied to the outside. After reading the reviews on the Seabuckhorn seed oil I decided to try it, but honestly thought it's probably more money wasted on another product that won't work! I swear I could tell by the third or fourth day that my legs were smoother and more hydrated. A week in almost all the flaking was gone. My legs feel smooth and hydrated again. I'm so happy I took the chance on this product and will continue to order it because I've had phenomenal results."*

# THANK YOU!

**We would like to thank you**, once again, not only for investing in your own bottle of Seabuckthorn Oil, but for starting your journey towards better health with us.

We are excited for you to add seabuckthorn oil to your daily routine and to experience the benefits that it has to offer, like so many of our loyal customers before you.

You'll notice **stronger hair, smoother skin and an immune system boost soon**, among many other potential advantages.

If you have any further questions about Seabuckthorn Oil, **please don't hesitate to reach out to our customer loyalty team**.

**Questions? Call Us.**  
1-866-271-7595





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